



# 香港紅十字會輸血服務中心

## HONG KONG RED CROSS BLOOD TRANSFUSION SERVICE



### Parent/Guardian Consent To Blood Donation By Minors Aged 16 & 17

Name of Parent/Guardian : \_\_\_\_\_ (Block Letter)  
 Contact / Mobile Tel. : \_\_\_\_\_  
 Home Tel. : \_\_\_\_\_  
 Date : \_\_\_\_\_

I hereby consent the minor named \_\_\_\_\_ (Block Letter) to donate blood.

I, fully understand that:

- a general health screening including measurement of body weight and height, haemoglobin, blood pressure and body temperature will be performed prior to the donation\*;
- the blood collected will be tested for transfusion transmittable infections including Hepatitis B, Hepatitis C, HIV, Human T Lymphotropic virus and syphilis; and
- adverse reactions may occasionally happen during blood donation while they are usually mild and short-lasting. These reactions include bruising, pain, inflammation, infection or skin allergy around the needle puncture site, dizziness or fainting after donation;
- Iron-rich red blood cells are donated in the course of blood donation. Replenishment of iron is essential for human body to produce new red blood cells after each donation. Free oral iron supplements are provided to donors to enhance iron restoration. Donors are also advised to take iron-rich foods in regular diet.



Blood Donation Information

\_\_\_\_\_  
 (Signature of the Parent/Guardian)

\*Blood donations are performed by trained professional staff of the Hong Kong Red Cross Blood Transfusion Service. All procedures taken are safety measures to protect the donors and recipients. Persons below 16 will not be accepted. Persons aged 16 & 17 can only donate three times a year with an interval not less than 150 days. Donor weighing 41kg to less than 50kg can donate 350ml whereas weighing 50kg or above can donate 450ml.

For enquiry, please call 2710 1298 / 2710 1243 / 2710 1201 (office hour) or visit our website [www.ha.org.hk/rcbts](http://www.ha.org.hk/rcbts)

### 十六及十七歲之捐血人士家長/監護人同意捐血書

家長/監護人姓名 : \_\_\_\_\_ (請寫正楷)  
 聯絡電話 : \_\_\_\_\_  
 住宅電話 : \_\_\_\_\_  
 日期 : \_\_\_\_\_

本人同意 \_\_\_\_\_ (捐血者姓名) 參加捐血。(請寫正楷)

本人完全明白：

- 捐血前需接受健康查詢、量體重及身高、測試血紅素、量血壓及體溫等程序\*。
- 捐出的血液均會接受乙型肝炎、丙型肝炎、愛滋病、T淋巴細胞病毒、梅毒等各項傳染病的測試。
- 部分捐血者可能會於捐血時偶有不良反應，如入針部位瘀腫、疼痛、發炎、感染或皮膚過敏，捐血後感到頭暈或昏倒等。這些情況一般都是輕微並會於短暫時間後消失。
- 血液中的紅血球含豐富鐵質，因此每次捐血後必須注意鐵質之補充，以讓身體可再次製造新的紅血球。中心更為捐血者免費提供口服鐵質補充劑以加快提升體內鐵質儲存量，同時亦鼓勵捐血者於日常飲食中加強攝取鐵質。



捐血資訊

\_\_\_\_\_  
 (家長/監護人簽署)

\*捐血過程皆由本中心專業護理人員執行，所有程序均為保障捐血者及受血者的安全而設。年滿16歲人士方可捐血；16及17歲之首次捐血者，必須先取得家長/監護人同意；每年最多捐血三次，每次相隔不少於150天。體重41公斤或以上至不足50公斤可捐血350毫升；體重50公斤或以上可以捐450毫升。如有查詢，請電 2710 1298 / 2710 1243 / 2710 1201 (辦公時間)或瀏覽中心網頁 [www.ha.org.hk/rcbts](http://www.ha.org.hk/rcbts)